**Providing Young Adults The ESSENTIAL SKILLS** Needed to Succeed in the

**NORKPLACE** 



Participants will be guided through the JA Workforce Pathways Coaching curriculum. Individualized approach focusing on either Employment First or Education First.

# **Exploring Careers and Options**

- Career Interests and Values
- Creating a career database for guided career research
- Pros and cons of Education first vs Employment first
- Cost of post secondary education/ Education impact on earnings
- Using job search sites to research companies and careers

## **Skill Building**

- Time Management
- SMART Goal Setting and creating an action plan
- Decision making techniques
- Online presence and Netiquette
- Resume Writing/Applications
- Building Employment References
- Interviewing

### Coaching

- Brings professionals and community members to young people
- Gives participants a chance to communicate with people outside their existing network

### Soft Skill Credentialing: Self-paced and Interactive

- Creativity & Innovation
- Effective Collaboration
- Critical & Analytical Thinking Engaging Communication

Cultural Agility

Self Direction

#### Connections to Employment or Education through Engaged Partners

- Developed for each participant based on individual goals
- May include job shadowing, internship, summer job, volunteering, or apprenticeship
- Assistance with enrollment in post-secondary training or higher education

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**LEARN** MORE:

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